



**EATING YOGURT
REGULARLY,
AT LEAST 2 CUPS
(3 SERVINGS)
PER WEEK
MAY REDUCE
THE RISK OF
TYPE 2 DIABETES
ACCORDING TO
LIMITED SCIENTIFIC
EVIDENCE.**

FDA ASSESSED 28 STUDIES
WITH OVER

**800,000
INDIVIDUALS**

IN RELATION
TO THIS POTENTIAL BENEFIT



MANY YOGURTS PROVIDE
YOU WITH

**CALCIUM,
VITAMIN D**

AND

PROTEIN

CONCERNED ABOUT TYPE 2 DIABETES AND LOOKING TO EAT MORE YOGURT?

AT DANONE WE'RE PROUD TO OFFER

A VARIETY OF YOGURTS THAT COULD CONTRIBUTE TO THIS BENEFIT

